

Pulse Percussion Pandemic Preparedness Plan

Adopted by the _____

September __, 2021

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1. General Information

Pulse Percussion's protocols herein must be followed to the letter by all those who surround our organization. It will be up to all our personnel and fans to wholly support any measures to create the safest possible environment.

2. Purpose

This document provides guidance, and acts as a standard for all Pulse Percussion Participants to support a safe and healthy environment during the current pandemic of COVID-19. The guidance is not intended to revoke or repeal any person's rights, either statutory, regulatory or collectively bargained, and is not exhaustive, as it does not include health orders, nor is it a substitute for any existing safety and health-related regulatory requirements such as those of CAL OSHA.

This Plan may be amended as procedures and guidance from the Center for Disease Control (CDC) and CAL OSHA changes.

3. Definitions

Participant

All individuals who are physically proximate to Pulse Percussion operations, including all performers, staff, and volunteers.

COVID Test Types

There are two different types of tests – diagnostic tests and antibody tests.

A diagnostic test can show if you have an active coronavirus infection and should take steps to quarantine or isolate yourself from others. Currently there are two types of diagnostic tests– molecular tests, such as RT-PCR tests, that detect the virus's genetic material, and antigen tests that detect specific proteins from the virus.

An antibody test looks for antibodies that are made by your immune system in response to a threat, such as a specific virus. Antibodies can help fight infections. Antibodies can take several days or weeks to develop after you have an infection and may stay in your blood for several weeks or more after recovery. Because of this, antibody tests should not be used to diagnose COVID-19.

High-Risk Exposure Period

High-Risk Exposure Period means the following time period:

(A) For persons who develop COVID-19 symptoms: from two days before they first develop symptoms until 10 days after symptoms first appeared, and 24 hours have passed with no fever, without the use of fever-reducing medications, and symptoms have improved; or

(B) For persons who test positive who never develop COVID-19 symptoms: from two days before until ten days after the specimen for their first positive test for COVID-19 was collected. ¹

¹ Cal OSHA 3205 <https://www.dir.ca.gov/title8/3205.html>

Close Contact COVID-19 Exposure

COVID-19 Exposure means being within six feet of a COVID-19 case for a cumulative total of 15 minutes or greater in any 24-hour period within or overlapping with the High-Risk Exposure Period. This definition applies regardless of the use of face covering.²

A close contact exposure period is two days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.

Fully Vaccinated³

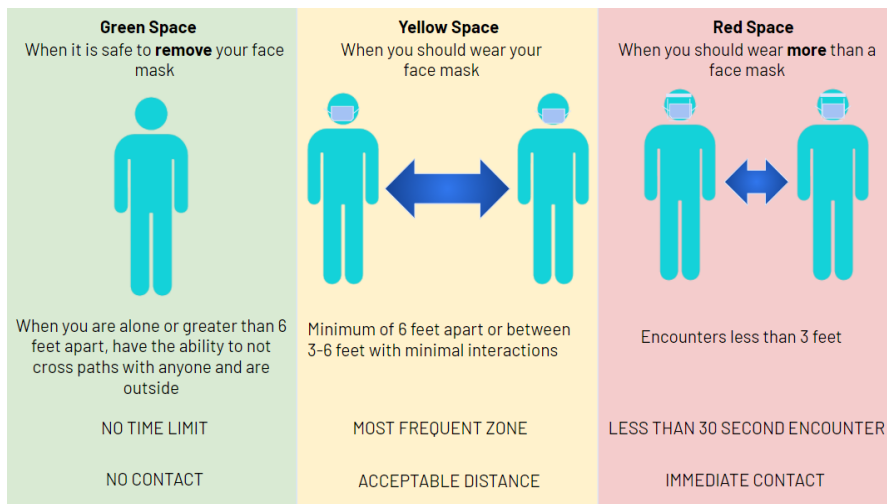
People are considered fully vaccinated:

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's vaccine

If you don't meet these requirements, you are NOT fully vaccinated. Keep taking all precautions until you are fully vaccinated.

4. Personal Protective Equipment (PPE)

The following risk mitigation steps and equipment are required:



Masks

- Masks will be worn by all Participants at all times indoors.
- Masks do not need to be worn by Participants while in outdoor rehearsals only.
- Participants will not be allowed to wear neck gaiter style masks, bandanas, etc.; they must be surgical, N95, KN95 or multiple layer cloth masks that fully cover the Participants nose and mouth.

² Cal OSHA 3205 <https://www.dir.ca.gov/title8/3205.html>

³ CDC <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html>

Sanitization

Disinfecting wipes (Clorox, Lysol or similar) will be available on all vehicles for loading and unloading activities. Each Participant shall also bring their own package of disinfecting wipes for personal use.

Participants are expected to sanitize their hands before touching any Pulse Percussion equipment.

5. Personal Interaction Guidelines

Mandatory Vaccinations

All Participants must be fully vaccinated prior to arrival at rehearsal. Exceptions to this must be pre-approved by the Pulse Percussion Board of Directors on an individual basis, prior to arrival at rehearsal.

Medication/Medical Supplies

Each Participant is responsible for bringing their own medical bag for storage of insulin, or other medications/supplies, if needed.

Rehearsal Protocols

- Participants will need to bring:
 - Personal bottle of hand sanitizer
 - Water for rehearsal (refill station may not be available)
 - Meals/Snacks
 - Mask
 - Other rehearsal supplies (sunscreen etc)
- Participants shall refrain from the following:
 - Sharing food/drink
 - Casual direct physical contact (hugging, shaking hands, etc)
 - Sharing of any equipment (instruments, mallets, sticks, etc)
- All equipment/gear will be sanitized prior to and following rehearsals by Participants
- All Participants must follow physical distancing, PPE, and other requirements as outlined in this document.

Educational Program Protocols

- All educational camps in 2021 will be Virtual or Commuter
- Educational Program Participants will be provided with a summary of the Protocols upon registration.
- All Participants must follow the Rehearsal Protocols above as well as physical distancing, PPE, and other requirements as outlined in this document.

In-person Interactions

The following general guidelines are intended to provide Participants with the information, equipment and support they need to minimize risk of virus exposure.⁴

⁴ National Federation of State High School Associations. (2020, October 6). *Fall 2020 guidance for music education*. <https://www.nfhs.org/articles/fall-2020-guidance-for-music-education/>

- Casual direct physical contact between Participants is not permitted. This includes hugging, shaking hands, etc.
- All Participants must wear the appropriate Personal Protective Equipment (PPE).

Rehearsal

- All Participants in a rehearsal must wear well-fitting multi-ply masks at all times, except by Performers during outdoor rehearsals.
- Spacing of 3 feet should be maintained between Participants in sectionals and standstill ensemble rehearsals when possible.
- Access to common spaces such as equipment stacks or water coolers will be staggered to minimize close contact between Participants.
- No equipment should be shared between multiple individuals; this includes Instructional Staff.
- Pulse Percussion will allow more time for rehearsal setup and tear-down to accommodate the protocols.
- All Participants must clean and sanitize their hands prior to the start of and directly following any rehearsal.
- Any equipment that is in contact with the hands, face, or other parts of the body should be sanitized at the end of each rehearsal.

Load-In and Load Out

All load-in and load-out procedures will be handled by designated Participants.

Vehicles

Equipment Truck and 20-Foot Trailers

- Masks will be worn during loading and unloading.

20-Foot Trailer

- Only three Participants are allowed inside the trailer for loading and unloading

6. Testing Protocols

For Those With Positive COVID Test Results

- If a Participant is symptomatic of COVID or has been in “close contact,” and receives a positive COVID test result, no additional testing is needed, but may be repeated at the discretion of the corps medical provider.
- If a Participant is minimally symptomatic or becomes asymptomatic within a day or two or was not in “close contact” and has a positive result, the test can be repeated with an RT-PCR test to rule out a false positive. If the second (RT-PCR) test is positive, the participant is considered to have a positive test. If the second (RT-PCR) test in this now asymptomatic participant is negative, then the participant is likely negative for COVID but must have medical clearance by an MD/NP/PA to return to participation.
- Participants who test positive for COVID (with repeat testing, if done) regardless of vaccination status will not be allowed to participate in Pulse Percussion activities until:

- If you did not have any symptoms, 10 days have passed since you had a positive viral test for COVID-19.
- If you did experience any symptoms you must quarantine for 10 days since symptoms first appeared, be 24 hours with no fever without the use of fever-reducing medications and other symptoms of COVID-19 are improving. Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation.
- Performers' membership will be evaluated on a case-by-case basis. In the event that a Performer is not able to participate.

7. Protocol Negligence Clause

If a Participant exhibits negligent behavior or disregards the pandemic protocols in place, the Participant will be removed from the ensemble and not eligible to return for the remainder of the season.